

# SUSAN MILES RODRÍGUEZ, M.S., LMHC

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## QUALIFICATIONS SUMMARY:

- Skilled provider of professional clinical counseling services for over 27 years (LMHC License #MH 9114 in FL; LPCC in NM [currently retired status] and OH [currently inactive/escrow status], as well as LSW in OH [currently inactive/escrow status] ) and licensed to supervise in all three states.
- Strengths in family systems theory/application, brief, solution-focused, cognitive-behavioral, multi-systemic and motivational interviewing therapies.
- Expert in crisis intervention techniques, therapy and clinical treatment services, in groups or individually, to adults and adolescents, family and couples, with highly successful track record of working with complex client populations, such as substance use disorders, court referrals and SED youth and their families.
- Multi-culturally competent. Excellent understanding of Spanish; some understanding of French and Portuguese.

## PROFESSIONAL EXPERIENCE:

### **Adult, Adolescent and Family Therapy**

- Coordinated clinical course of parallel recovery for both adult and adolescent patients and their families via daily process and didactic, substance abuse groups, family and individual sessions in two intensive out-patient settings (IOP, PHP), with a focus on family systems, spirituality, wellness, strength- and recovery-based, self-management skills.
- Provided multi-systemic therapy (MST) to conduct-disordered, often drug addicted youth and their families within the framework of their social ecology.
- Supplied intensive, bi-lingual mental health services to predominantly Hispanic, SED youth and their parents at high school health center.
- Conducted school- and community-based clinical treatment groups for adolescents dealing with issues of grief/loss, teen pregnancy and disabilities, as well as in-patient, psychiatric groups for adults dealing with depression, grief/loss and spirituality issues.
- Provided individual, family and marital counseling using brief, solution-focused model for Employee Assistance Program.
- As psychiatric clinical counselor for in-patient facility (both adult and adolescent, mental health and substance abuse/detox units), conducted psychosocial assessments, developed individual and family interventions and treatment plans, did short-term case management, discharge planning, utilization review.
- Helped facilitate family-based, juvenile crime diversion program at The Ohio State University, 1998, working with adjudicated (court-referred) youth.
- Successfully worked with inner city youth and their families as outreach therapist, assessing and providing intensive, community-based counseling with special emphasis on SED and adjudicated youth.
- Developed/facilitated several multicultural workshops, including Women's Wellness and Life-Challenging Illness Groups, both, in past, out-patient hospital and, on-going, in private practice settings.
- Provided counseling services to international families and patients, as adjunct to Medical Social Services in hospital-wide system.

### **Crisis Intervention/Crisis Management**

- Within various treatment settings, worked with SED teens and their families to intervene in crisis situations and assess for/avert suicidal and/or homicidal attempts.
- Utilizing multi-systemic therapy (MST) model, worked with court-referred juveniles and their families to reduce significantly recidivism, re-arrest and/or hospitalization.

### **Supervision Experience**

- 21-year supervision history of student interns in both in-patient and out-patient, group and individual treatment settings.
- Lead supervision of phone bank personnel for crisis resolution in English/Spanish/French bilingual section for Federal Emergency Management Agency, following Hurricane Andrew.

**EMPLOYMENT HISTORY:**

<b>Multi-Family Clinical Therapist &amp; Group Facilitator, Outpatient Substance Abuse Treatment</b>	2019 – Present
South Miami Recovery, Inc., South Miami, FL	
<b>Clinical Mental Health Therapist, IOP/PHP Family Program</b> (Center closed after 1 year)	2016 – 2017
International Recovery Center, Doral, FL	
<b>Clinical Mental Health Therapist, Adolescent &amp; Family Programs</b>	2007 – 2016
South Miami Hospital Addiction Treatment & Recovery Center, Miami, FL	
<b>Clinical Mental Health Intake Specialist, promoted to Clinical Outpatient Coordinator</b>	2007
Institute for Child and Family Health, Inc. (formerly Children’s Psychiatric Center), Miami, FL	
<b>Office Manager and Senior Account Marketing Executive</b>	2006 – 2007
Adventure Hosting, Inc., Miami, FL	
<b>Program Consultant</b>	2005 – 2006
Hippocrates Life Change Center, West Palm Beach, FL	
<b>MST and School-Based Clinical Mental Health Therapist</b>	2000 – 2005
UNM Children’s Psychiatric Center– Outpatient Services, Albuquerque, NM	
<b>Employee Assistance Program Independent Contractor</b>	2000 – 2005
Grant/Riverside Methodist Hospitals Corporation, Columbus OH Ohio Health Behavioral Health Services, Columbus, OH	
<b>Private Practice, PeaceParenting</b>	1998 – Present
Columbus, OH, Albuquerque, NM and Miami/Doral, FL	
<b>Psychiatric Social Worker II and Care Manager</b>	1998 –1999
Riverside Methodist Hospital/Wesley Health Center, Columbus, OH	
<b>Family Life Specialist II/Community Support Program Outreach Therapist</b>	1993 –1998
Children’s Hospital Guidance Center, East Central Branch, Columbus, OH	

**EDUCATION AND TRAINING**

<b>MS</b> in Counseling (1992)	University of Dayton, Dayton, OH
<b>BA</b> in Spanish	Mount Holyoke College, South Hadley, MA
Spanish/Education graduate coursework	Brown University, Providence, RI
	The Ohio State University, Columbus, OH
Alcohol & Drug Abuse Ministry (1990-1991)	Methodist Theological School in Ohio, Delaware, OH

**Specialized Training**

- Anxiety Disorders – Mark Rose, MA, licensed psychologist/addiction professional/expert advisor, NetCE, Sacramento, CA (15 hrs: 2016)
- Motivational Interviewing – Miami-Dade AHEC & Cross Country Education, Miami, FL (7 hrs: 2012, 2014)
- Diagnosis and Treatment of Pathological Gamblers – Doris Amaya, LMHC, CAP, SAP, NCGCII, Miami, FL (6 hrs: 2009-2010)
- Multi-Systemic Treatment of Antisocial Behavior in Children and Adolescents – MST Services, Charleston, SC (95 hrs: 2002 - 2005)
- Pastoral Care Specialist Certification – NM Association for Spiritual, Ethical and Religious Values in Counseling (state branch of the American Counseling Association/ACA), Albuquerque, NM (48 hrs: 2003 - 2004)
- Critical Incident Stress Management – U.S. Dept. of Interior – BIA (12 hrs: 2002)
- Nonviolent Crisis Intervention – University of New Mexico; Riverside Methodist Hospital, Crisis Prevention Institute and ADAMH in Columbus, OH (19.5 hrs, total: 1998 - 2002)
- Brief Therapy - Center for Solutions in Brief Therapy; Cloe’ Madanes; Brief Therapy Center of Cincinnati, all in Columbus, OH (27 hrs, total: 1995 – 1998)
- General Mediation (Level I) – Conflict Management Services, Columbus, OH (12 hrs: 1997)